



2026 TCS Sydney Marathon presented by ASICS

Pregnancy & Postpartum Policy

The TCS Sydney Marathon, presented by ASICS has implemented a formal policy regarding pregnancy and postpartum, allowing registered participants to defer their entry if they are unable to participate due to being pregnant, recently pregnant, or postpartum.

Those who have registered for the event but have since become pregnant or given birth are entitled to defer their participation and entry fee once to a future TCS Sydney Marathon event within a three-year timeframe. For instance, if a participant registered for the 2026 TCS Sydney Marathon, they could choose to defer their entry to either 2027, 2028 or 2029 and must choose the year they want to defer to in the year they registered. Pregnancy and Postpartum deferrals cannot be used more than once sequentially. If you choose to defer your 2026 entry, you cannot defer again until 2029. Entries are not entitled to a refund or transfer to another participant.

Entries not redeemed after three years from original year of purchase will no longer be valid.

To qualify for deferral under the pregnancy and postpartum policy, participants must provide written confirmation of their circumstances, such as a medical note signed by a doctor, registered midwife or obstetrician.

Requests for deferral, along with the required written confirmation, must be submitted via email (info@sydneymarathon.com) no later than 5:00pm AEST 14 August 2026. Event organisers must respond with acceptance of medical documentation for the deferral to be valid.

Revised September 2025